

# Controlling High Blood Pressure (BP) Flowchart

**Who:** 18-85 years old with a diagnosis of Hypertension  
**Goal:** BP records < 140/90  
 Must be documented and reported annually  
 Blood Pressure gap remains **open** if there are **NO** reported BP readings for the calendar year **OR** if the last reported BP  $\geq$  140/90

In-office visit  
with patient

Telehealth visit  
with patient

1st BP reading  
**140 / 80**

1st BP reading  
**120 / 80**

Patient self-reported BP  
result from their  
electronic BP device

Document date of BP  
reading with exact systolic  
and diastolic results

If the first BP reading is  
**uncontrolled**, plan to  
take **up to 3** different  
readings if needed

2<sup>nd</sup> BP reading  
**146 / 86**

3<sup>rd</sup> BP reading  
**136 / 92**

Compliance with appropriate CPT2 coding sent with the claim to the health plan

<b>CPT® II code</b>	<b>Most recent systolic blood pressure</b>
3074F	< 130 mm Hg
3075F	130–139 mm Hg
3077F	$\geq$ 140 mm Hg
<b>CPT® II code</b>	<b>Most recent diastolic blood pressure</b>
3078F	< 80 mm Hg
3079F	80–89 mm Hg
3080F	$\geq$ 90 mm Hg

**Every BP that is recorded are sent to the health plan**

BP result sent from today's visit (taking lowest  
systolic and diastolic results) **136 / 80**

Medical Record documentation: Record the date and the BP result  
(only report the smallest reading for the systolic and the diastolic  
results from the face-to-face visit if the reading is taken more than