

## Measurement of Statin Therapy for Patients with Cardiovascular Disease

**DENOMINATOR:** Patients 21-75 years of age who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD)

**NUMERATOR:** Patients who were dispensed at least one high-intensity or moderate intensity statin medication during the measurement period

### Common ICD-10-CM Codes for ASCVD

**I25.10: Atherosclerotic heart disease of native coronary artery without angina pectoris.**

**I25.110: Atherosclerotic heart disease of native coronary artery with unstable angina pectoris.**

**I25.119: Atherosclerotic heart disease of native coronary artery with unspecified angina pectoris.**

**I25.7: Atherosclerosis of coronary artery bypass graft.**

**I70.90: Unspecified atherosclerosis (if not specifically coronary).**

### Statin Medications that qualify for measure compliance

Category	Medication
<b>High-Intensity</b>	Atorvastatin (40-80 mg) Amlodipine-atorvastatin (40-80 mg) Ezetimibe-simvastatin (80 mg) Rosuvastatin (20-40 mg) Simvastatin (80 mg)
<b>Moderate-Intensity</b>	Atorvastatin (10-20 mg) Amlodipine-atorvastatin (10-20 mg) Ezetimibe-simvastatin (20-40 mg) Fluvastatin (40-80 mg) Lovastatin (40 mg) Pitavastatin (1-4 mg) Pravastatin (40-80 mg) Rosuvastatin (5-10 mg) Simvastatin (20-40 mg)

### Tips for success

- Prescribe at least one high-intensity or moderate-intensity statin medication (see table above on statin medications) during the measurement year to patients diagnosed with ASCVD when clinically appropriate. ASCVD is a broad term that involves buildup of plaque in arteries". (Ex: MI, had CABG, or PCI or other revascularization procedures).

- Educate patients on the importance of taking their medications regularly and as prescribed.

### **Tips for talking with patients**

- Educate your patients on the importance of statin medication adherence.
- Remind patients to contact you if they think they are experiencing adverse effects, such as myalgia, to statins. Consider trying a different statin that is more hydrophilic, reducing the dose or frequency, or bill an exclusion code.

### **Coding Information**

To exclude patients from the measure who CANNOT tolerate statin medication, a claim must be submitted annually using the appropriate ICD-10-CM code:

#### **Denominator Exclusions**

Condition	ICD-10-CM code
<b>Myalgia</b>	M79.10 – M79.12, M79.18
<b>Myositis</b>	M60.80, M60.811, M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839, M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869, M60.871, M60.872, M60.879, M60.88, M60.89, M60.9
<b>Myopathy</b>	G72.0, G72.2, G72.9
<b>Rhabdomyolysis</b>	M62.8

Patients are excluded if they have any of the following:

- Myalgia
- Myositis
- Myopathy
- Rhabdomyolysis
- Pregnancy
- Underwent in vitro fertilization
- Received at least one prescription of clomiphene during or one year prior to the measurement year
- End Stage Renal Disease (ESRD)
- Cirrhosis
- Received dialysis during the measurement year
- Hospice
- Palliative Care
- Are 66 and older with documented advanced illness and frailty codes (for additional information see the Advanced Illness and Frailty provider tip sheet posted on opns.org)
- Are deceased during the measurement year