

Help Your Patients Quit Smoking

Smoking and Tobacco Use Facts:

- ◆ Tobacco use is the leading preventable cause of death and disease
- ◆ Tobacco use costs the United States billions of dollars each year
- ◆ Tobacco/Nicotine dependence is a chronic condition
- ◆ It is difficult and it may require multiple attempts to quit smoking
- ◆ Smokers can and do quit smoking
- ◆ Recent studies show that brief advice from a clinician about smoking cessation yielded a 66% increase in successful quit rates



Help Patients STOP Smoking and Tobacco Use:

- ◆ Ask patients (12 years of age and older) at every visit about tobacco use and clearly document in the medical record.
- ◆ Advise tobacco users and smokers to quit at every visit
- ◆ Encourage the use of Nicotine Replacement Therapies (NRTs) medications

Tobacco Cessation Treatment and Counseling

- ◆ Healthcare providers can help patients to quit tobacco/smoking by referring patients to the **MICHIGAN TOBACCO QUITLINE**



Call Michigan Tobacco
Quitline at
1-800-784-8669



Visit:
<https://michigan.quitlogix.org/en-US/>

- ◆ This is a **FREE** program for UnitedHealthcare Community Plan members as long as they are enrolled with the health plan. It is a telephone support and counseling program to assist with quitting smoking and tobacco use.

Physician Office Services

- ◆ Physician offices can also provide smoking/tobacco cessation treatment and counseling. Services need to be based on standardized evidence based screening tools and documentation must be reliable.
- ◆ After face to face counseling by a physician or other qualified health care profession claims can be submitted with the following codes:



99406
Intermediate Visit
(3-10 Minutes)



99407
Intensive Visit
(Longer than 10 minutes)

What Tobacco Cessation Aids Are Covered by UnitedHealthcare Community Plan?



Nicotine Replacement Therapy (NRT)

Nicotine Patch

Nicotine Gum

Nicotine Lozenge

Nicotine Inhaler

Nicotine Nasal Spray

Bupropion/Zyban

Chantix/ Varenicline

*A prescription is required for all medications

**Quality limits and some restrictions may apply.